

UNINSURED SERVICES ARE NOT COVERED BY OHIP.
 SERVICES MUST BE PAID WHEN DELIVERED OR IN SOME CASES IN ADVANCE.

In order to maintain the highest possible standard of care, it is our policy to charge for uninsured services in accordance with the guidelines recommended by the Ontario Medical Association.

Adoption Forms	\$ 50.00
Allied Health Services Referral	\$ 20.00
(Chiropratic, physiotherapy, massage therapy, etc.)	
Assistive Devices Forms	\$ 20.00
Auto Sales Tax Rebate Form	\$ 20.00
Camp, Sport and School Forms	\$ 20.00
Complete Physical (CPX) - Child/Adolescent	\$ 45.00
CPP Disability Report	\$ 60.00
CRA Disability Form	\$ 20.00
Daycare Notes	\$ 20.00
Drivers Complete Exam (CPX)	\$ 80.00
Drivers Complete Exam (CPX) + Form	\$140.00
EI Disability/Maternity Certificate	\$ 20.00
Finger/toe Splint	\$ 20.00
Fitness Club Physical Form	\$ 20.00
Immigration Medical Report	\$ 75.00
Incompetence - Assessment & Certificate	\$160.00
Injections Elective	\$ 15.00
Missed Regular, Physio, RMT, Chirodody Appt.	\$ 75.00
Missed Annual Physical	\$100.00
Missed Specialist appointment	\$150.00
Non-Formulary Drug Benefit Form	\$ 20.00
Pre-employment Fitness Certificate	\$ 20.00
Prescription renewal without visit	\$ 20.00
Return to Work Form/Sick Note	\$ 20.00
Tensor Bandage	\$ 20.00
Travel cancellation insurance forms	\$ 40.00
Vaccine Administration Fee	\$ 50.00
Wart treatment (starting at)	\$ 20.00
Other uninsured services	
Application for insurance form	\$ 50.00
Attending Physician Statement Form	\$200.00
Clarification Report	\$300.00
Copying/Faxing	\$2.00 per page
Chart copying for lawyers/Insurance Co.	
\$35.00 for first 5 pages \$1.50 per page thereafter	
Chart Review form	\$ 75.00
Chart Summary for other Physicians	\$ 20.00
Completion of medical short-term disability form	\$ 50.00
Disease specific Questionnaire completion	\$ 75.00
Full narrative report	\$300.00
Health Assessment-Child	\$ 60.00
Health history form-completion only	\$ 50.00
Insurance Medical Exam, including report	\$180.00

Minor Assessment	\$ 60.00
Major Assessment	\$120.00
Letters on behalf of Patients (When appropriate)	\$100.00
Life Insurance Death Certificate	\$ 30.00
Medical legal lettes (Hourly rate)	\$300.00 - \$350.00
Motor vehicle accident disability certificate	\$120.00
Pre OP for non OHIP surgery i.e. cosmetics	\$120.00
System specific examination	\$ 90.00
Third Party Requested Services-Paid by the Requesting Party (from)	\$120.00

Physio Therapy	
Assessment	\$ 89.00
Treatment	\$ 50.00
Treatment + Acupuncture or Paraffin Wax	\$ 60.00
Home Visit (1hr)	\$155.00
Bracing:	
Ankle*	\$ 40.00
Knee*	\$140.00
Wrist*	\$ 35.00
Elbow*	\$ 35.00
<i>Custom bracing also available</i>	

Massage Therapy	
30 minutes*	\$ 45.00
45 minutes*	\$ 60.00
60 minutes*	\$ 75.00
90 minutes*	\$115.00

Foot & Ankle Clinic	
Assessment	\$ 60.00
Follow-up	\$ 50.00
Orthotic Inserts	\$550.00
Orthotic Shoes	\$250.00

Waiting on hold to schedule your next appointment? Why not join thousands of patients already managing their appointments and health care records online by signing up for a free mypatientaccess.ca account, please visit www.mypatientaccess.ca or send us an email with your **First Name, Last Name and **Contact Details** to info@uptownhealthcentre.com**

UPTOWN HEALTH CENTRE HAS BEEN A PROVIDER OF PRIMARY HEALTH CARE SERVICES TO PATIENTS IN THE GTA FOR THE LAST 10 YEARS.

We are very excited to have added the following GP's and Specialist to our team of Providers:

- Dr. Mark Appelby – Family Doctor, at our Eglinton office, who recently relocated his practice to Uptown Health Centre - If you have a family member who does not have a GP please speak to our support staff and they will place the patient on the wait list for this practice.
- Dr. Saghi Salehi - Family Doctor at our Richmond Hill office, Dr. Salehi is currently accepting new patients who do not have a family Doctor in her practice for more information please speak to our support staff.
- Dr. Michael Ko - Physiatrist with an interest in sports medicine, musculoskeletal pain management, and spasticity management. Patients must be referred to Dr. Ko via their GP.

ONSITE LABORATORY SERVICES

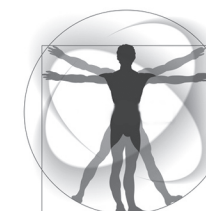
Our laboratory technicians are available for blood tests:

@Eglinton/Monday to Friday 9am to 11:30am

@Richmond Hill/Wednesday & Saturday 9am to 12pm

We also provide Pulmonary Function Tests (PFT's) and Electrocardiograms (ECG's). These are all available to our patients with a requisition from an Uptown Health MD.

DESIGNATE PHYSIOTHERAPY CLINIC;



Uptown Health also operates a Designated Physiotherapy Clinic called St George Physiotherapy, located at 208 Bloor Street West, Suite 601 (near Bay Subway). The clinic offers Physiotherapy services for all patients, however you fall under one of the categories listed below and you have a referral for from your GP, most of your fees will be paid for by the Ministry of Health of Ontario:

- 19 years old or younger; or
- Be 65 years old or older; or
- Be receiving benefits under the Ontario Disability Support Program or Family Works; or
- Have been overnight in hospital for a condition that now requires physiotherapy treatment



HOLIDAY HOURS

Richmond Hill

Saturday, Dec 24 - 9am - 1pm
 Sunday, Dec 25 - Closed
 Monday, Dec 26 - Closed
 Dec 27 through Dec 30 - regular clinic hours
 Saturday, Dec 31 - 9am - 1pm
 Monday, Jan 2 - Closed

Eglinton

Friday, Dec 23 - 9am - 1pm
 Dec 24 through Dec 26 - Closed
 Dec 27 through Dec 29 - regular clinic hours
 Friday, Dec 30 - 9am - 1pm
 Dec 31 and Jan 2 - Closed

St. George Physiotherapy Clinic

Friday, Dec 23 - 8am - 2pm
 Dec 24 through Dec 27 - Closed
 Dec 28 and Dec 29 - regular clinic hours
 Friday, Dec 30 - 8am - 1pm
 Dec 31 and Jan 2 - Closed



FREQUENTLY ASKED QUESTIONS:



How do I get a specialist referrals?

If you wish to obtain a referral to a specialist, this must be discussed with your doctor. We DO NOT provide referrals by phone. Once you have discussed the reasons with your doctor, the referral and appointment will be made for you. If you have not heard back from our office within 2 weeks, please call us to inquire about your appointment unless it is a diagnostic appointment (i.e. CT Scan or MRI). These types of appointments take a significant amount of time to book. Please be patient in some cases our office staff will provide you with the Specialist's name and telephone number and you will be invited to coordinate the appointment directly.

How do I find out about results from tests I've had done at Uptown Health Centre?

We offer a convenient and easy to use online service which allows you access your laboratory results once they have been reviewed by your family Doctor, for more information about this service please visit our web site - www.uptownhealthcentre.com. Alternatively you must book an appointment with your doctor to review them. We DO NOT provide results over the phone. To ensure timely review of your test, please make an appointment with your physician at the end of your visit to the clinic.

What about follow-up appointments with my Doctor at Uptown Health Centre?

If your doctor requests that you to book a follow up appointment, please book the appointment prior to leaving the clinic. This will ensure you receive your appointment in the amount of time your doctor wishes to see you again. Alternatively you may use our online scheduler which is accessible from your computer, 24/7 free of charge. To get a free online scheduling account please visit our web-site www.uptownhealthcentre.com or email us at - info@uptownhealthcentre.com.

Prescription renewals?

When you see your doctor, please bring all your pills with you and review them with your doctor at each visit. You will be given enough medication to last until the next planned follow-up visit. Please ensure you have booked your follow-up appointment BEFORE you run out of your pills. Or you may sign up to request renewals on-

line by visiting our website www.uptownhealthcentre.com, please note that there is a \$20.00 fee for this service.

What happens if I miss an appointment?

As indicated by the Ontario Medical Association, our office will invoice you \$50.00 for a missed appointment (\$100 for a missed annual physical) that is missed or cancelled with less than 24 hours notice, we appreciate that special circumstances do prevail will do our best to accommodate on a case by case basis. If you are signed up for a free online account, we will send you reminder by email.

Are all services covered by OHIP?

Some services are not covered by OHIP. These include forms, notes, examinations that are being requested by third parties, cosmetic treatments, Allied health care providers etc. A list of un insured services is attached to this form.

How do I become a patient at Uptown Health Centre?

If you are interested in becoming a patient at the clinic please feel free to call us, or send us your name, address, and phone number to info@uptownhealthcentre.com.

What is the Walk in and After Hours Clinic?

We hope to accommodate our patients with urgent needs through our Walk in and after hours clinic. Accordingly, we provide an After hours service clinic at our centers, please call each clinic for details on availability before proceeding to the clinic. In some cases, daytime appointments may be available. Although you may not see your regular doctor at the clinic your medical records can be accessed by the Doctor on duty, a follow up scheduled appointment with your regular Doctor may be recommended at the end of your visit.

The Richmond Hill office offers after hours/walk in clinic services Monday to Friday 5pm to 8pm and on Saturdays from 9am to 4.30pm, please note that in some cases the clinic may close early based on the number of patients waiting to be seen.

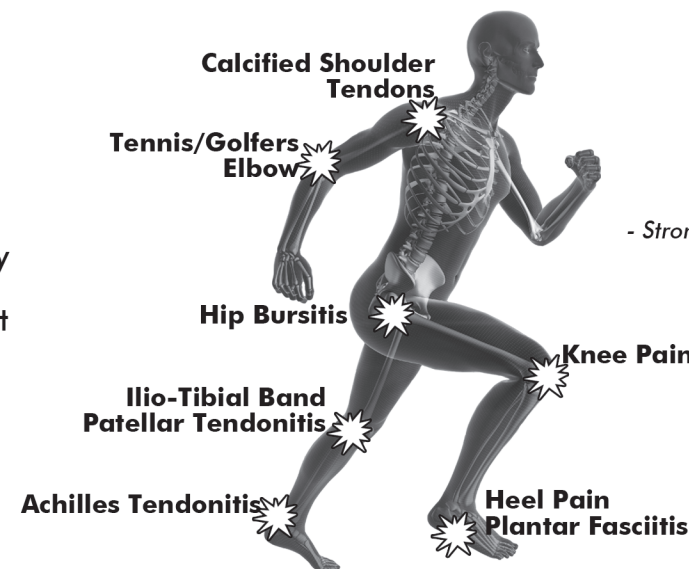
The Eglinton office offers after hours services on same day appointment basis.

ACCELERATE HEALING WITH SHOCKWAVE THERAPY, NOW AVAILABLE AT UPTOWN AND ST GEORGE.

There are no side effects with this non surgical treatment and it is available at a reasonable cost. Shockwave treatments are non invasive and promote accelerated recovery of injured soft tissue, bone, heel and joint pain.

Treatable Conditions

- Plantar Fasciitis
- Achilles Tendinopathy
- Scar Tissue Treatment
- Tennis Elbow
- Jumpers Knee
- Calcific Rotator Cuff Tendinitis



Benefits

- Non surgical treatment
- Strong scientific evidence supporting the use of shockwave
- No side effects
- Accelerates healing
- Affordable
- Coverage available from most insurance companies

SERVICES OFFERED AT UPTOWN HEALTH CENTRE *Richmond Hill location*

• **Specialists:** Dermatology, Physiatry, Rheumatology and Urology, specialist appointments may only be booked by referral through your family Doctor.

• **Physiotherapy & Massage Therapy Clinic:**

Our therapists believe in a dynamic, active approach to rehabilitation. Our goal is to provide our patients with the appropriate care necessary for a quick return to the pre-injury state. Using a combination of 'hands-on' manual therapy techniques, electric modalities, exercise programs, and the latest in modern therapy equipment, the team of Physiotherapist at Uptown Health have years of experience treating:

- Recreational & Professional athletes
- Performing artists
- Various soft tissue & orthopedic injuries
- Motor vehicle accident injuries
- Everyday aches & pains

• **Chiropody (Foot & Ankle Clinic):** Routine foot care consists of treatment of nails, corns, calluses. Our foot care services are provided by licensed Chiropodist, a referral from an MD is not required to see a Chiropodist in Ontario. Most extended health care insurance providers will provide coverage for Chiropody services.

UPTOWN HEALTH LASER CLINIC

December Specials!



VELA SHAPE II *(For Cellulite and Circumference Reduction)*

- 1 Zone for \$99.00 each (reg. \$250.00) or Package of 6 for \$550.00
- 2 Zones for \$149.00 each (reg. \$350.00) or Package of 6 for \$850.00
- 3 Zones for \$199.00 each (reg. \$450.00) or Package of 6 for \$1100.00

BIOPHORA CHEMICAL PEELS

Regular \$150.00, now \$99.00

LASER HAIR REMOVAL

Free Laser Hair Removal with the purchase of one body part, get a second body part of equal or lesser value for free *(Subject to certain conditions)*

LASER SKIN TREATMENTS

30% off all Photo Facials and Re-firme skin tightening treatments

GIFT CERTIFICATES AVAILABLE

CALL OUR OFFICE
TO BOOK AN APPOINTMENT OR
PURCHASE A GIFT CERTIFICATE

Offers valid until December 31, 2011 *plus applicable HST